

## Useful information can be accessed at the following web addresses:

British Dyslexia Association provides helpful information for both children and families.

[www.bdadyslexia.org.uk/](http://www.bdadyslexia.org.uk/)

Dyslexia Scotland has a wide range of helpful information for both children and families.

[www.dyslexiascotland.org.uk/](http://www.dyslexiascotland.org.uk/)

The Scottish Government's definition of dyslexia, in addition to fact sheets, is available at:

[www.scotland.gov.uk/Topics/Education/Schools/welfare/ASL/dyslexia](http://www.scotland.gov.uk/Topics/Education/Schools/welfare/ASL/dyslexia)

Scottish Qualifications Authority (SQA) Assessment Arrangements Guide for Parents is available at:

[www.sqa.org.uk/sqa/files\\_ccc/AA\\_GuideForParents.pdf](http://www.sqa.org.uk/sqa/files_ccc/AA_GuideForParents.pdf)

Stirling Council has developed a policy on dyslexia, guidance on the Staged Intervention process and a range of information leaflets that are available in print or via the web site. These are all available to view at:

[www.stirling.gov.uk/additionalsupportforschools](http://www.stirling.gov.uk/additionalsupportforschools)

If you need this information in large print, Braille, audio or in another language please contact 0845 277 7000 and quote reference number 10473.

اگر آپ اس کا اردو میں ترجمہ چاہتے ہیں تو براہ کرم  
پر فون کریں- 0845 277 7000

如欲要求把本刊物翻譯成中文 (繁體字)  
廣東話版本，請致電 0845 277 7000

ਜੇ ਤੁਹਾਨੂੰ ਇਸਦਾ ਅਨਵਾਦ ਪੰਜਾਬੀ ਵਿਚ ਚਾਹੀਦਾ ਹੈ  
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ 0845 277 7000

إذا أردت ترجمة هذه إلى اللغة العربية، يرجى الاتصال  
بالرقم 0845 277 7000

Jeżeli chciałbyś otrzymać tłumaczenie na język  
polski, zadzwoń pod numer 0845 277 7000.

Stirling Council Education



**aslstirling**

# Dyslexia - Information for Parents and Carers

Additional Support for Learning in Stirling

A Series of Information Leaflets for parents, carers, and young people.

DELIVERING QUALITY SERVICES [stirling.gov.uk](http://stirling.gov.uk)



## Introduction

This leaflet aims to inform parents and carers about Stirling Council's approach to supporting children and young people with dyslexia. A copy of the council's policy and procedures for assessing, identifying and meeting the needs of children and young people with dyslexia has been issued to each educational establishment and is also available on the council website for parents and carers to view.

## Definition of dyslexia

Stirling Council has adopted the definition of dyslexia agreed by the Scottish Government:

*Dyslexia can be described as a continuum of difficulties in learning to read, write and/or spell, which persist despite the provision of appropriate learning opportunities. These difficulties often do not reflect an individual's cognitive abilities and may not be typical of performance in other areas.*

*The impact of dyslexia as a barrier to learning varies in degree according to the learning and teaching environment, as there are often associated difficulties such as:*

- auditory and/or visual processing of language-based information
- phonological awareness
- oral language skills and reading fluency
- short-term and working memory
- sequencing and directionality
- number skills
- organisational ability

*Motor skills and co-ordination may also be affected.*



## Could my child be dyslexic?

Children learn at varying speeds and each child will have his/her own profile of strengths and developmental needs. However there are a variety of indicators that might point to dyslexia. General indicators of dyslexia include:

- Being able to talk about what he/she is learning more easily than reading or writing about it.
- Persistent spelling difficulties despite appropriate efforts.
- Appearing to have a poor concentration span, or being forgetful and/or disorganized.
- Difficulty with telling the time, and learning multiplication tables.
- Having short-term memory problems, and difficulties with sequencing e.g. following/giving instructions, directions etc.

## What to do if you think your child may be dyslexic

Your first step is to approach your child's school. If it is a primary school, speak to the class teacher, support coordinator or the support for learning teacher. If it is a secondary school, speak to the pupil support teacher, additional support needs/learning support teacher or principal teacher.

## What happens next?

Your concerns will be recorded and staff will review appropriate strategies to support your child.

Stirling Council's process of Staged Intervention will be used to monitor and support your child effectively if required.

A process of information gathering will be undertaken to build a profile of your child's learning. This process may involve consultation with a number of professionals, for example a support for learning teacher, and may involve some more formal assessment.

If required, a programme of additional help and support will be put in place for your child. You, and your child, will be involved in this process.

With your consent, the school may seek advice from other professionals, for example an educational psychologist.

## Scottish Qualifications Authority (SQA)

The Scottish Qualifications Authority is the national awarding body in Scotland responsible for assessments and qualifications. If your child has been identified as having dyslexia, there may be a need to discuss alternative assessment arrangements with the secondary school. Speak to your child's additional support needs or learning support teacher for further information.

## What you can do to help?

First of all, be positive.

Highlight and encourage what your child is good at.

Remember that your child will only be too aware of the problems he/she is facing at school.

Be aware that study/learning can be tiring so try to encourage a balance of working and relaxation.

You can help by giving lots of support and encouragement at home.

## You can do this by...

Working closely with your child's school to find the best way forward.

Reading to younger children regularly and developing positive reading experiences from an early age.

Making learning at home active and as much fun as you can.

Encouraging your child to develop strategies that support learning e.g. organisation of homework or study.

Encouraging your child to develop computer skills.

Praising your child whenever you can.